

Choose Your Challenge 2019

10K Runs

Longleat 10K - 3rd February
Lincoln 10K - 7th April
GEAR 10K (East Anglia) - 5th May
Edinburgh 10K - 25th May
Hull 10K - 2nd June
Glasgow Men's 10K - 16th June
Leeds 10K - 7th July
Wales 10K - 7th July
British 10K - 15th July
Burnley 10K - 21st July
York 10K - 4th August
Nottingham 10K - 12th August

Marathons

Barcelona Marathon - 10th March
Manchester Marathon - 7th April
Paris Marathon - 14th April
Milton Keynes Marathon - 6th May
Edinburgh Marathon - 26th May
South Downs Marathon - 15th June
Wales Marathon - 7th July

Half Marathons

Barcelona Half Marathon - 10th February
Thorpe Park Half - 24th February
Paris Half - 10th March
Hampton Court Half - 17th March
Sheffield Half - 14th April
Milton Keynes Half - 6th May
Leeds Half - 12th May
Edinburgh Half - 26th May
South Downs Half - 15th June
Wales Half - 7th July

Triathlons

Mumbles Triathlon - 23rd March
Swansea Triathlon - 2nd June
Wales Triathlon - 8th June
London Triathlon - 27/28th July

Obstacle Courses

Rough Runner (South) - 13/14th April
Rough Runner (Oxford) - 18/19th May
Rough Runner (Manchester) - 15/16th June
Rough Runner (North East) - 20/21st July
Rough Runner (Scotland) - 17/18th August



look good
feel better

FACING CANCER WITH CONFIDENCE

To find out more and to register for
any of the above events:

Email - Fundraising@lgfb.co.uk or

Call - 01372 747500